



# PIASC CERTIFIED FIRST AID & CPR TRAINING

Includes Bloodborne Pathogen Training!

~~WEDNESDAY, JUNE 14, 2017 SOLD OUT!~~

**Date Added: Friday, June 23rd!**



8:00 A.M. TO 1:00 P.M.

**COST: \$60/NON-MEMBER \$90**

PIASC TRAINING ROOM • INSIDE BANK OF AMERICA BUILDING  
5800 S. EASTERN AVENUE, #400 • LOS ANGELES, CA 90040

**Cal/OSHA Safety** Order Section 3400 states: "In the absence of an infirmary, clinic, or hospital, in near proximity to the workplace, which is used for the treatment of all injured employees, a person or persons shall be adequately trained to render first aid."

Printing Industries, through Occupational Safety Training Systems, is offering a four hour seminar in First Aid and CPR and one hour seminar in bloodborne pathogens. Individuals completing the training will receive national two year certification in CPR/First Aid and one year certification in bloodborne pathogens. In addition to compliance with Cal/OSHA safety requirements, this program is an opportunity to have trained persons in the workplace who can deal with basic medical situations or emergencies where well trained response may save a life.

The full 5 hour attendance is mandatory for certification so please be prompt. Casual attire suggested, such as tennis shoes, jeans, walking shorts.

## CPR

*(Cardiopulmonary Resuscitation)*

### Introduction

Symbols and Definitions – What is CPR?  
– Why We Train

### Laws & Ethics

Am I Required to Help? – Before You Help – Good Samaritan Laws – Legal Withholding of Help – State Law and Blood

### More about CPR

Myths – Don't Do This – Statistics – A Note on Vomit

### Initial Assessment & Actions

STACAB – Scene Safety – Tap & Shout – Assign Help

### The Steps of CPR

Compressions – Airway – Breaths

### A Few More Things

Lock Jaw – False Signs of Recovery – The Emotional Toll

## First Aid

**What Exactly is a Heart Attack?**

**Secondary Assessment**

**Treating a Potential Heart Attack**

**Stroke**

**Diabetes**

**Moving the Patient**

Unconscious but Breathing – Rolling the Victim Over – Multiple Responders & Suspected Spine Injury – Recovery Position – Reloading the Victim

**MASCAS & Triage**

**Breathing Related Emergencies**

Choking – Infant Choking – Asthma – Anaphylaxis

**Trauma Emergencies**

Seizures – Bleeding – Shock – Sprains & Fractures – Cold Injuries – Heart Injuries – Chemical Burns

**Poisoning**

## Bloodborne Pathogen Awareness

Includes training for all employees on the relevance, existence and impact of Bloodborne Pathogens within their work environment.

The course will teach:

- how to identify, approach, and protect fellow employees from incidental contact
- details regarding the steps to be followed in the event of a potential exposure incident
- specific company policy & equipment put into place to address bloodborne pathogens

Only 12 per session  
so register early!

Register online at [www.piasc.org](http://www.piasc.org) or call Emily Holguin, at 323.728.9500, Ext. 262, or email: [emily@piasc.org](mailto:emily@piasc.org)

